

BREAKFAST

house-made granola bowl with whole grain oats, hemp and pumpkin seeds, pecans, cashews and almonds, apricot, cranberries, coconut shavings topped with coconut yoghurt, plums and raspberries (D) (V) (VE) 16.5

not-benedict, poached eggs, quinoa sourdough, avocado crème, kale, hollandaise OR crumbled feta / streaky bacon 18.5 / smoked salmon 20.5 / halloumi & mushrooms (V) 20.5 swap toast for paleo bread (D) (G) 2

albanian scrambled eggs with suxhuk*, capsicum, feta, spring onion, sourdough 18.5

green breakfast with kale, baby spinach, avocado crème, halloumi, capsicums, mushrooms, quinoa and poached eggs (V) (VE on request) 19.5

paleo waffles with coconut yoghurt (D) or yoghurt, banana, berries, maple syrup OR streaky bacon, banana, pineapple, maple syrup (G) 18.5

CREATE YOUR OWN BREAKFAST

ciabatta / quinoa sourdough / multigrain 5 / house-baked paleo bread (G) (D) 6

poached / scrambled / fried eggs 5

streaky bacon / salmon / suxhuk* 6

roast tomato & pesto / potato and onion hash / roasted mushrooms / wilted spinach / kale / feta / halloumi 6

avocado crème (D) / hollandaise / pesto / marmite / jam / nutella / peanut butter 3

SMALL PLATES

five spice pulled pork bao buns, sriracha mayo, apple mintslaw, pickled cucumber, coriander 13

sliders, pulled beef, smoked cheddar, chipotle mayo OR pulled lamb, mint yoghurt, jalapeno, coleslaw, on a brioche bun 14

soft tacos, panko fish, sweet chili mayo, coleslaw (D) OR panko prawn, avocado crème, coleslaw (D) 14

crispy polenta squid with chipotle mayo (G) (D) 12

moroccan chicken meatballs, tomato broth, mint yoghurt, roast veggies 14

grilled sirloin with dijonnaise (D) (G) 13

roasted veggies, quinoa, beetroot, feta, baby spinach (V) (G) 15

shoestring fries (V) (D) 6 kumara fries (V) (D) 9

greek salad (G) 6 roasted veggies with feta and pesto (V) 12

BIGGER PLATES

soup of the day, with warm bread 15

rare beef salad, beetroot, roasted veggies, tomatoes, cucumber, feta, basil pesto mayo, baby spinach (G) 20.5

pulled lamb bowl with coleslaw, tomatoes, cucumber, jalapeno, olives, feta, potato and onion hash, hummus, mint yoghurt (G) 22.5

moroccan chicken meatballs with pumpkin puree, roast veggies, tomato, cucumber, olives, rocket, parmesan 19

vegan bowl with crispy polenta, mushrooms, quinoa, pumpkin puree, kale, baby spinach, roast veggies, olives (VE) 20.5

pulled beef burger, smoked cheddar, chipotle mayo, coleslaw, gherkins, brioche bun with shoestring fries 19.5

(D) Dairy free (G) Gluten free (V) Vegetarian (VE) Vegan
please advise us if you have any dietary requirements, we will do our best to accommodate them.
we use only free-range eggs, chicken and pork
*suxhuk (sujook) = albanian smoked beef sausage